

Treatment That Fits Real Life

When you decide to ask for help with substance use, timing matters. We make it easier to get started— quickly and without barriers.

- No waitlist — appointments in 24-48 hours
- We accept insurance and offer flexible self-pay options
- Outpatient treatment that fits your job, family, and daily life
- In-person and virtual when appropriate
- Private, one-on-one visits with a medical provider
- Respectful, judgment-free support
- You don't have to be “at rock bottom” to ask for help.



You've got people. We're your people.

Whether you're ready to start or just have questions, we're here to help.



We accept
Medicaid • Medicare • Commercial insurance
Sliding Scale Available



Life Beyond Addiction
866-MAT-STAT | PorchLightHealth.com



Life Beyond Addiction



Outpatient treatment for drug and alcohol use — including medications for addiction treatment (MAT) — designed to help you move forward at your own pace.

Care That's Built Around You

Recovery isn't one-size-fits-all. Your treatment is shaped by your goals, your history, and what works for your life.

At Porch Light Health, you're supported by a team of medical providers, psychiatric professionals, therapists, and specialists who work together to care for you.

We make it easy to get help, with care that is simple to access and fits your real life. Our focus is helping you stay safe, feel better, and improve your quality of life — at your own pace.

With more than 60 points of care across Colorado and New Mexico, you can get treatment in your community without long waits or unnecessary barriers.



What We Treat & How We Help

We treat substance use and related health needs together—so you can get comprehensive support in one place.

We provide outpatient treatment for:

- Opioid use
- Alcohol use
- Stimulant use (such as methamphetamine or cocaine)
- Sedative use
- Nicotine use
- Cannabis use
- Polysubstance use

Our services include:

- Medications for Addiction Treatment (MAT)
- Outpatient withdrawal management (select locations)
- Individual and group therapy
- Psychiatric medication management
- Infectious disease care
- Lab services

Everything is designed to support your physical health, mental health, and long-term stability, without putting your life on pause.

If you need help, talk to us — even if you're worried about cost or transportation. Our team is committed to helping people access care, and we'll work with you to find an affordable path forward.

Sliding scale and monthly payment options may also be available.

Frequently Asked Questions

How quickly can I get an appointment?

Usually within 24–48 hours.

Will my information be shared?

No, your privacy is protected by law.

What if I've tried treatment before?

That's common. We adjust your care based on what has — and hasn't — worked.

Do I need to be completely abstinent?

No. Whether you want to cut back or stop entirely, we'll create a plan with you that is safe and personalized to meet your goals.

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Today I felt compassion. I also felt something I never felt before—that someone actually cares about my sobriety.

